



January 26, 2011

Dear Teleosis Supporter,

2011 was a year of strategic change. In our seventh year, the board and staff took a good look at our programs and our future. Even with my success as Executive Director I was ready to make a big change. By midyear, we decided to complete the cycle for several of our programs, Green Health Care and Green Pharmacy, and to shift our direction to focus towards Integral Medicine and Leadership Development.

Reviewing our year, I again feel the continued impact of our programs. I'm very pleased to know that each year, what we set out to complete happens almost always. This year was no exception. In terms of Green Health Care, much of our program was added into the highly successful hospital based program Optimal Healing Environment at the Samueli Institute. I co-authored an article with Sita Ananth, of Samueli, and I presented at a conference hosted at the Institute.

The Green Pharmacy Program impact continues to be felt in the local environment particularly. Of significance is the Alameda County Medication Disposal Ordinance that will be introduced to the board of supervisors in March of 2012. I'm grateful for the many years of service that Evin Guy program manager provided. She continues with the Alameda County Pharmaceutical Task Force. I'm pleased that our research of 2010 was published in the American Journal of Hospice and Palliative Care. Connie Zheng the research assistant for this project has since begun at UCSF's School of Pharmacy.

Our new direction had a fabulous lift off. The gathering of 16 health professionals in Colorado and the publication of the peer-reviewed Journal of Integral Theory and Practice devoted to Integral Medicine successfully launched the Integral Health and Medicine Center in partnership with MetaIntegral Foundation. In 2012, with Olivier Compagne as the program manager, our intention is to lay the seeds for several educational opportunities for this innovative approach to health and medicine.

Good programs from our past always have room to return. After several years of hiatus, I've decided to return to offering low cost homeopathic services. The value of integrative medicine to a sustainable future cannot be underestimated. We continue to see new clients and will do so throughout 2012 and beyond

In 2012, we have pared down our programs to what really matters. We begin again with a broader perspective, Integral Health and Medicine offers a transformative model that facilitates critically thinking, self-reflective and mindful practitioners. We are prototyping novel models of care while facilitating integral approaches to medical education, practice and healthcare reform. We are grateful for the support we have received from you. We look forward to have a deeper impact in 2012, helping to make our health care safer and kinder to the world we live in.

Many Blessings,

Joel Kreisberg, DC, MA
Executive Director

THE TELEOSIS INSTITUTE

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TELEOSIS INSTITUTE 2011 YEAR-END SUMMARY

Integral Medicine Program

Teleosis Institute initiated a program in Integral Medicine in 2010. Integral Medicine is a unifying framework allowing a plurality of healing methods and their respective world view to harmoniously coexist and be effectively organized. Our program at Teleosis began with the development of an annotated bibliography, which is available free on our website. We next invited 16 practitioners together for a summit in Westminster Colorado entitled *Integral Medicine / Integral Practitioner, An Inquiry Into an Emerging Field*, which directly led to the formation of a new center: the Integral Health and Medicine Center, which will be a program of MetaIntegral Foundation, www.metaintegral.org. The year ended up with a seminal publication on Integral Medicine. Dr. Kreisberg was the guest editor for the Journal of Integral Theory and Practice. Vol 6 No. 4 is an issue devoted to Integral Medicine <http://www.sunypress.edu/p-5523-journal-of-integral-theory-and-practice-v64.aspx>

The Green Pharmacy Program

Much of our attention this year focused on developing programs in Alameda County. Working in conjunction with Supervisor Nate Miley and the Alameda County Medication Disposal Initiative, we successfully opened and trained staff for five take-back sites in Alameda County. In October, we organized and participated in the 1st Alameda County Safe Medication Disposal Conference in Castro Valley. The conference attended by more than 50 participants. Key to the conference was discussing an ordinance The Alameda County Safe Drug Disposal Ordinance, which will be introduced to the Alameda County Board of Supervisors in March of 2012.

Green Pharmacy Research

We were pleased to publish the results of our pilot study of pharmaceutical waste reduction in hospice in the American Journal Of Hospice and Palliative Care. The study was authored by Dr. Kreisberg and Connie Zheng. The full citation is Managing Unused Pharmaceuticals in a Hospice Setting: A Pilot Study, Kreisberg, J and Zheng, *AM J HOSP PALLIAT CARE* December 2011 Vol. 28 No. 8 536-538 <http://ajh.sagepub.com/content/28/8/536.abstract>

GreenPharmEdu

2011 saw the 1st year of the GreenPharmEdu educational portal. Continuing medical education credit was offered through Touro University, Las Vegas, though the program is open available to anyone at no charge. In 2011, 291 persons participated in the program. Find out more at www.greenpharmedu.org

Homeopathic Services at Low Cost

In the fall of 2011, Dr. Kreisberg reintroduced the clinical program in homeopathy. Supervising clinician Uwe Blesching, this monthly clinic is offering homeopathic services for a small contribution to Teleosis. Since September, the clinic continues to see new patients every month. Find out more at www.teleosis.org/homeopathy

Green Tree Care Initiative

Teleosis is proud to support the work of Dr. Lee Klinger, PhD in the Green Tree Care Initiative, where he applies “fire mimicry” methods to improve tree health and soil fertility without the use of chemical pesticides or fungicides. In 2011, the Green Tree Care Initiative estimated to have examined and treated over 500 oak trees in California. Dr. Klinger’s extensive research is documented by over 100 published case studies. For more information visit: suddenoaklifeorg.wordpress.com.

2011 Events and Published Articles

Conferences and Workshops

- Green Healthcare, Sustaining Medicine and the Environment, Metropolitan Community College: Omaha, NE
- Results from the Bay Area Medication Disposal Study 2009, California Water Environment Association, CWEA 38th Annual P3S Training conference and workshop, Santa Clara, CA
- Integral Approaches to Healthcare: Creating healthy self, Community and World, HEART, Ben Lomond, CA
- Green Pharmacy: A Cradle-to Cradle Approach to Reducing Pharmaceuticals in the Environment, Hawaii Pharmacists Association, Honolulu, HI
- Developing and Implementing Ecological Sustainability and the Impact on Health and Wellness, Samueli Institute, Arlington VA
- Action Inquiry and Homeopathic Education: Developmental Logics for Teaching Homeopathic Students, NANHE, Sausalito, CA

Articles by Dr. Kreisberg

- Green Your Office Today, *IMCJ*, Vol. 10 No. 5
- Unused Medicines: Untended Danger and Unintended Poisons, *IMCJ*, Vol. 10 No. 4
- Fostering Ecological Sustainability, with Sita Ananth *Explore* Vol. 7, No. 5

Teleosis Website Statistics

2011 saw 9,900 visitors to our website with 30,500 page views. 79% of the visitors were 1st time visitors! Visit us online at www.teleosis.org.

Our Mission

Teleosis is dedicated to reducing healthcare’s footprint while broadening its ecological vision. We believe in a health care system that conserves natural resources, promotes personal wellness, and begins with precaution. At the forefront of this sustainable medical system are health providers who take an active role in greening healthcare through example, education and advocacy.

2011 Donors and Sponsors

Foundation Contributions \$1000

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2011 Financial Summary

Revenues \$91,015

Program fees 60%
Contributions 3%
Grants 37%

Expenses \$105,806

Programs 78%
Administrative 19%
Fundraising 3%

Teleosis Staff

Joel Kreisberg
Evin Guy
Olivier Compagne
Connie Zheng

Teleosis Board

Niyati Desai (Chair)
Lee Klinger (Secretary)
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